In the Claims:

Please amend the claims as set forth in the following Listing of the Claims.

LISTING OF THE CLAIMS

- (Currently Amended) An effervescent composition comprising: glucosamine; chondroitin derived from a bovine source; and an effervescent agent.
- 2. (Original) The effervescent composition of claim 1, wherein said composition dissolves in water to form a clear solution.
- 3. (Original) The effervescent composition of claim 1, wherein 7 g of said composition dissolves in from 200 mL to 400 mL water to form a clear solution.
- 4. (Currently Amended) The effervescent composition of claim 1, wherein said composition dissolves in water to form a substantially uniform dispersion.
- 5. (Original) The effervescent composition of claim 1, further comprising calcium.
- 6. (Original) The effervescent composition of claim 1, further comprising calcium lactate.
- 7. (Currently Amended) The effervescent composition of claim 1, further comprising at least 5 % by weight calcium lactate <u>based on the total weight of the effervescent composition</u> and no greater than 10 % by weight calcium carbonate <u>based on the total weight of the effervescent composition</u>.
- 8. (Original) The effervescent composition of claim 1, further comprising magnesium.

- 9. (Original) The effervescent composition of claim 4, further comprising magnesium.
- 10. (Original) The effervescent composition of claim 1, further comprising vitamin.
- 11. (Original) The effervescent composition of claim 10, wherein said vitamin is selected from the group consisting of vitamin C, thiamin, riboflavin, nicotinic acid, pantothenic acid, pyridoxine, biotin, folic acid, niacin, vitamin B12, lipoic acid, ascorbic acid, vitamin A, vitamin D, vitamin E, and vitamin K, and combinations thereof.
- 12. (Currently Amended) The effervescent composition of claim 1, comprising at least 2 % by weight glucosamine <u>based on the total weight of the effervescent composition</u>.
- 13. (Currently Amended) The effervescent composition of claim 1, comprising at least 1 % by weight chondroitin <u>based on the total weight of the effervescent composition</u>.
- 14. (Currently Amended) The effervescent composition of claim 1, comprising

at least 2 % by weight glucosamine <u>based on the total weight of the</u> <u>effervescent composition</u> and

at least 1 % by weight chondroitin <u>based on the total weight of the</u> <u>effervescent composition.</u>

15. (Currently Amended) The effervescent composition of claim 1, comprising

from 3 % by weight to 25 % by weight glucosamine <u>based on the total</u> weight of the effervescent composition and

from 2 % by weight to 10 % by weight chondroitin based on the total weight of the effervescent composition.

16. (Currently Amended) An effervescent composition comprising: glucosamine; chondroitin derived from a bovine source; calcium lactate; magnesium sulfate; and an effervescent agent.

- 17. (Original) The effervescent composition of claim 16, wherein said composition dissolves in water to form a solution.
- 18. (Currently Amended) The effervescent composition of claim 16, wherein said composition disperses in water to form a substantially uniform dispersion.

Claims 19 and 20 (cancelled)

- 21. (Original) A tablet comprising the effervescent composition of claim 1.
- 22. (Original) The tablet of claim 21, wherein the tablet has a hardness of at least 6 kilopounds.
- 23. (Original) The tablet of claim 21, wherein the tablet has a hardness of from about 6 kilopounds to about 10 kilopounds.
 - 24. (Original) A powder comprising the effervescent composition of claim 1.

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